

HEALTH CLUB

AT SHANGRI-LA

Annual Membership

Annual Individual Members must be at least 16 years of age at the date of application with verifiable proof of age upon enrolment.	120,000
Annual Couple Applicable for married couple or a pair of relatives within first degree of consanguinity with verifiable proof of age, marital status, and / or kinship. Member must be at least 16 years of age.	192,000
Annual Family Applicable for 2 parents and 2 children registered as dependents. Membership of dependents below 16 years old will be limited to the use of swimming pool facilities only. Additional dependents may be enrolled subject to applicable charges for children below 16 years of age.	240,000
Supplement A Applicable to first degree dependents of existing members aged 15 years old and below at the time of application.	75,000
Supplement B Applicable to first degree dependents of existing members aged 16 years old and above at the time of application.	96,000

Short Term Individual Membership

Category	Rate
1 month	20,000
3 months	52,000
6 months	90,000

EDSA SHANGRI-LA, MANILA

1 Garden Way, Ortigas Centre, Mandaluyong City 1550 Philippines
Tel +63 2 8633 8888 Email manilaedsa@shangri-la.com
Website www.shangri-la.com

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Training Programs

Personal Training

One hour session of fitness coaching with the Health Club's team of internationally-certified instructors. Explore your fitness and health journey under expert supervision from sports training, strengthening, boxing lessons, and core conditioning.

Single session	2,000
12 sessions	19,200
36 sessions	38,880

Tennis Academy

Get ready to serve up aces and sign up for a full body sports workout in the fun outdoors. Sign up now for private instruction and experience the distinction of the Health Club's full range of professional tennis program instruction.

Single session	1,800
3 sessions	4,950
10 sessions	14,800

Others

Use of the Health Club swimming pool and tennis courts are strictly for the use of Health Club members and hotel guests only. Members are entitled to bring one (1) guest at the Health Club fitness centre and three (3) guests at the tennis courts on weekdays only, subject to prevailing guests fee charges.

Member's Guest Fee	2,000 per visit
Children's access limited to swimming pool facilities only	
Tennis Court Rental	
Day - 6am to 5pm	600 per hour
Night - 5pm to 10pm	800 per hour

Above rates are in Philippine Pesos (PHP) and are inclusive of all applicable government taxes. Rates may be subject to change without prior notice.

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